

ALL ABOUT HAE

Doctor Discussion Guide

Get prepared for your doctor visit

Share this completed guide at your next appointment to have a thorough discussion about HAE with your doctor. This information can help your doctor determine your treatment needs.

1. Have you been diagnosed with HAE?

Yes *If your answer is "Yes," answer questions 2–9 to complete your guide.*

No *If your answer is "No," skip to question 10.*

Diagnosed with HAE

Background

2. Do you know what type of HAE you have?

- Type I**
- Type II**
- HAE with normal C1-INH (formerly known as type III)**
- I'm not sure**

3. How frequently do you experience symptoms of an attack?

- times
- per week**
 - per month**
 - per year**

4. How many of these attacks do you treat?

- All of them**
- Most of them**
- Some of them**
- I rarely, if ever, treat them**

Symptoms

5. Check the area(s) typically affected during an attack:

- Peripheral extremities (hand, feet, legs)**
- Face**
- Abdomen/stomach**
- Throat/larynx**
- Chest/airways**
- Genitals**

6. Are you able to identify onset symptoms?

- Yes**
- No**
- Sometimes**

7. Age at first symptom or attack:

- <8**
- 8–12**
- 13–17**
- 18–24**
- 25–30**
- >30**
- I'm not sure**

Treatments

8. Are you currently on preventive (prophylaxis) or on-demand (acute) treatment?

- Preventive**
- On-demand**
- Multiple therapies**
- I'm not on any treatment**

8a. If you are using a preventive (prophylaxis) therapy, do you find yourself taking it earlier than scheduled to prevent attacks?

- Yes, often**
- Yes, but rarely**
- Never**

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Diagnosed with HAE (cont'd.)

8b. If you use an on-demand (acute) therapy, how long does it take to find relief after treating an attack?

- I notice it immediately
- 30–45 minutes
- About 1 hour
- 2 hours or more

9. Do you have an emergency plan?

- Yes
- No

All patients should have an on-demand, or acute, treatment plan, even if they are on preventive therapy. Current preventive therapies are not 100% effective and breakthrough attacks may occur.

If you answered “Yes” to question 1, your Doctor Discussion Guide is complete!

Be sure to share these answers at your next doctor appointment.

Not Diagnosed With HAE?

If you have not been diagnosed with HAE, complete the following questions.

Background

10. Have you been tested for HAE?

- Yes
- No

11. Does HAE run in your family?

- Yes
- No
- I don't know

Symptoms

12. Have you exhibited any of the following symptoms?

- Swelling in the face
- Swelling in the peripheral extremities (hands, feet, legs)
- Swelling in abdomen/stomach
- Swelling in throat/larynx
- Swelling in chest/airways
- Swelling in genitals
- I have not experienced these symptoms
If you select this answer, skip questions 13 and 14.

13. How frequently do you experience these symptoms?

- times per week
- per month
- per year

14. How are you managing these symptoms?

- Steroids
- Antihistamines
- I'm not on any treatment
- Other

If you answered “No” to question 1, your Doctor Discussion Guide is complete!

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